

Armonia

WELLNESS | SPA

Immerse yourself into a wellness experience, designed to accommodate your needs.

A trip to Armonia Wellness | Spa becomes an important part of your journey and helps you reunite with your spirit.

www.lesantescape.gr



o v e r v i e w

your guide to rejuvenation and calm

signature treatments 3

face experiences 5

mind & body rituals 8

massages 10

mini rituals 14

couples ritual 16

17 retail products

19 nails beauty corner

19 hair salon

20 spa etiquette



signature treatments

where ancient wisdom meets modern indulgence

~ZAKYNTHIAN GODDESS~

Indulge in the genuine earthy notes of Greece, luxuriate in the benefits of rare herbs, relax in the velvet textures that cover your skin, as each and every step of this treatment imbues your senses in a world of opulence.

The treatment includes an exfoliation with olive and roses, followed by the application of a rich body mask containing a refreshing cocktail rich in organic honey, which contributes to the hydration, regeneration, and tightening of the skin.

The relaxing head-to-toe massage with warm pouches that complements the treatment with aromas of clary sage, honey, and rosemary literally endows an experience designed for royals.

| DURATION: 2H | 200€ | PER PERSON |





face experiences

reveal your natural glow, one radiant layer at a time

~ZOE~

ANTI-OXIDANT PROTECTION AND ULTIMATE PREVENTION

Guide your skin to a journey full of the sparkling notes of kumquat and fresh fruit that energize your skin.

A facial mask, highly concentrated in antioxidants, formulated with a proprietary multi-vitamin complex, prevents your skin from signs of premature ageing caused by sun exposure or any other environmental stressors, while rejuvenating dull-looking skin.

Instantly regain a nourished, glowing look while enjoying a healthy, radiant appearance.

| DURATION: 60M | 110€ |

~MELI~

VITAL HYDRATION & NUTRITION

A highly rejuvenating and ultimately hydrating experience dedicated to the richness of local flavors and aromas, such as sage, honey, and other nourishing elements that instantly restore your skin hydration levels.

Allow yourself to experience the soothing effect of rosewater intertwining with the thirst-quenching aromas of lime, while your skin indulges in the unique moisturizing benefits of our precious honey mask. Soothing apricot oil envelops skin with anti-ageing benefits, while the final skincare routine ensures that the moisturizing aspects are maintained thereafter.

| DURATION: 50M | 100€ |



face experiences

reveal your natural glow, one radiant layer at a time

~NEMA~

THE NEXT DIMENSION IN FACIAL SCULPTING

A revolutionary facial that blurs the line between the physical and digital world, by mimicking the effect of microcurrent devices on the skin. The core component of this treatment is our brand's symbol, the Myrtle Flower, paired with the extraordinary extract of Peach Gum, a natural biopolymer that can bring an instant tightening and lifting effect to skin.

This natural facelift acts on a multidimensional level to target all signs of ageing, focused on immediate, visible, and lasting results. It offers spectacular immediate results by visibly reshaping the volume of the cheeks, under-eyes, neck, and chest for a natural-looking youthful appearance.

Supported by natural volumizing and plumping fillers, our innovative formulas, along with specific manual techniques, target to sculpt, lift, and plump the facial hollows for medical-grade results. Skin is deeply hydrated, plumped, and rejuvenated; wrinkles and expression lines are smoothed, and skin hydration levels are optimally preserved.

| DURATION: 60M | 130€ |



face experiences

reveal your natural glow, one radiant layer at a time

~PHOS~

LUMINOUSLY RADIANT LOOK

Inspired by the undeniable charm and glamour of the Greek Islands, this glowing therapy promises a brighter, firmer, and noticeably younger-looking skin.

This facial, thanks to its valuable ingredients such as wheat proteins, clinically-proven illuminating extract of repressed, and vitamin C, targets signs of aging, evens skin tone and texture, and stimulates collagen production for a healthy, glowing complexion.

| DURATION: 60M | 120€

Combine your facial care treatment of choice with an eye treatment for a glowy and sparkling result.

~IRIDA~

SPARKLING EYES

Reveal your most radiant and luminous eyes with this exclusively designed eye treatment. A mild enzymatic peel with unique Chios Mastic brightens dull and dehydrated skin, while the revitalizing massage with nourishing, precious Evening Primrose oil offers a natural, healthy glow. The eyes ritual, comprised of a highly concentrated eye gel complemented by a proprietary blackcurrant peel-off mask, brightens dark circles, while a lifting massage with gua sha & hands reduces puffiness and minimizes fine lines and wrinkles. The eye area is visibly hydrated, brightened, renewed, and recharged.

| DURATION: 30M | 70€



mind and body rituals

a holistic harmony of soul, senses, and serenity

~JET LAG REBALANCE~

Escape travel exhaustion with the 80-minute invigorating treatment that aims to revive and re-energize the body's natural biorhythms.

Grounding and restoring natural flow when all feels out of sync, this energizing ritual relieves imbalances and revitalizes the nervous system. The intense mocha scrub leaves your skin silky soft, ready to receive the complementary benefits of the rejuvenating massage that follows. Sensational citrus fruit aromas invigorate the mind, while the massage, enhanced with targeted stretching techniques, supports the body against stress and fatigue.

Finally, the cooling sensation of spearmint mingles with the refreshing notes of grapefruit to slowly stimulate the blood flow and offer ultimate comfort.

| DURATION: 1H 20M | 150€ |



mind and body rituals

a holistic harmony of soul, senses, and serenity

~DELOS PEARLS~

The ancient Greek, natural exfoliation technique, performed with a brush made from horse hair, will tone and cleanse the skin, preparing it for the next steps.

The relaxing anti-stress massage that follows, using the luxurious Delos Shimmering Pearls body oil, will discharge any tension your body has retained.

The ritual ends with the application of the Delos Shimmering Pearls body lotion, rich in antioxidants.

| DURATION: 1H 15M | 130€

~ONE MILLION NIGHTS~

A bundle of exotic flowers, in which Iris is the star, unfolds through this luxurious treatment. Let your body unwind while your senses travel to the most exotic garden on a perfect summer night.

One Million body scrub gently exfoliates the skin, offering the softest feel, preparing the body for the exceptionally beneficial properties of our velvet, deeply nourishing "Serifos Precious Stones 24K Gold" Body Mask.

The ritual continues with a specially designed massage technique, which combines Rose Quartz crystals on the face and a body massage using One Million Nights precious oil, followed by our luxurious body butter.

This treatment aspires to offer your skin the most velvet feeling, with long-lasting Iris flower aromas.

| DURATION: 1H 45M | 170 €



messages

Feel the stress melt away, one touch at a time

~UNWIND AND RELAX MASSAGE~

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension, improve health, balance emotions, and increase calmness and relaxation.

| DURATION: 30M / 60 € | 60M / 100€ |

~ANCIENT GREEK MASSAGE~

Drawing inspiration from the Greeks' emphasis on balance and harmony, this massage technique incorporates rhythmic motions, essential oils, and gentle pressure to promote physical and mental equilibrium.

Immerse yourself in the timeless art of relaxation, where ancient wisdom meets modern rejuvenation.

| DURATION: 60M | 120€ |

~CANDLE MASSAGE~

Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind.

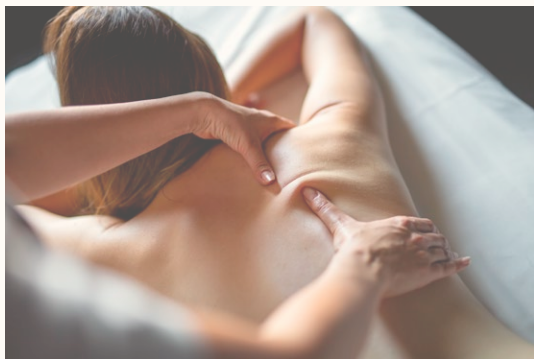
An outstanding, sacramental experience of aromatherapy, relaxation, and rejuvenation that promotes bliss, balance, and well-being!

| DURATION: 60M | 110€ |



m a s s a g e s

Feel the stress melt away, one touch at a time



~TOTAL RESTORE MASSAGE~

If your back, neck, and shoulders are your main areas of concern, then this treatment is for you. An invigorating yet totally relaxing massage, lush in the aromas of calming lavender and bright rosemary, wonderfully blended with delicately scented, healing almond oil, initiates the intoxicating journey.

| DURATION: 40M | 75€ |

~HOT STONES MASSAGE~

The heated rocks enhance the overall massage experience by promoting relaxation and easing muscle tension. The warmth from the stones helps to increase blood flow, allowing for a deeper sense of calm and well-being.

Combined with traditional massage techniques, hot stones massage provides a soothing and rejuvenating treatment that can alleviate stress and promote a harmonious balance of body and mind.

| DURATION: 60M | 120€ |



massages

Feel the stress melt away, one touch at a time

~DEEP TISSUE MASSAGE~

A series of intensive techniques is used to increase circulation, release built-up toxins, heal, and restore balance to the body and nervous system.

Feel your muscles release all the tension, while the luxurious, naturally scented oils envelop your skin and exhilarate your mind.

| DURATION: 60M | 130€ |

~CUPPING THERAPY~

The cupping massage is an ancient therapeutic technique that involves the use of suction cups to create localized pressure on the skin.

The gentle pulling action of the cups promotes improved blood circulation, helps to release tension in the muscles, and aids in stimulating the lymphatic system.

This time-honored practice combines traditional wisdom with modern well-being, offering a unique and rejuvenating massage experience.

| DURATION: 60M | 140€ |



massages

Feel the stress melt away, one touch at a time

~CHILDREN AND TEENS MASSAGE~

Take pleasure in a uniquely captivating experience of chocolate flavors, which combines the invigorating notes of mocha in a fine signature body massage with edible liquid chocolate extract oil.

In order to maintain a safe and relaxing atmosphere, young spa-goers must be accompanied by a parent or guardian during the treatment.

| DURATION: 30M | 60€ |

~PRENATAL MASSAGE~

For women in their second or third trimester, this gentle and relaxing massage is designed to nurture and support mother and baby.

Using nourishing organic karite butter, this treatment helps to alleviate muscle tension and fatigue while assisting in easing any discomfort during and after pregnancy.

In addition, the nutritious butter leaves the skin soft and supple, whilst the relaxing fragrances help calm the mind. A mini facial massage is included.

| DURATION: 50M | 85€ |



mini rituals

short moments, lasting beauty

~RADIANT FACE~

Luminous, radiant skin with an instant infusion of intense hydration and multiple anti-ageing benefits.

A thoroughly cleansing enzymic peel gently removes dead skin cells from the surface, gradually revealing a silky-smooth appearance.

Soft and delicate, naturally scented Wild Rose oil replenishes the skin through a deeply nourishing facial massage, delivering essential elements that promote the skin's vitality and youthfulness, offering a vividly radiant look.

| DURATION: 30M | 65€ |





mini rituals

short moments, lasting beauty

~URBAN ESCAPE~

BACK & SHOULDERS TREATMENT

Delight yourself in a 40-minute treatment that will allow your senses to escape from everyday routine.

Feel your muscles release all the tension, while the luxurious chocolate and orange peel fragrance envelops your skin and exhilarates your mind.

The brown sugar mocha-scented crystals gently buff away dry skin cells, revealing soft and smooth skin.

The aromatic notes of real chocolate and orange peel oils that cover your skin allow for the most supple and radiant look.

| DURATION: 40M | 75€ |

~HONEY FLOWER~

A highly nourishing and ultimately hydrating experience that fully replenishes the skin's moisture levels while offering anti-ageing benefits.

Feel your skin soft and supple with an immediately healthy and radiant appearance. This renewing experience begins with a full-body jasmine and gardenia sugar scrub, followed by a cocooning honey-infused body wrap.

Final moisturizers seal in all the beneficial properties that precede, while ensuring they are maintained thereafter.

| DURATION: 45M | 85€ |



couples ritual

share the art of relaxation with the one you love

~LOVE AFFAIR~

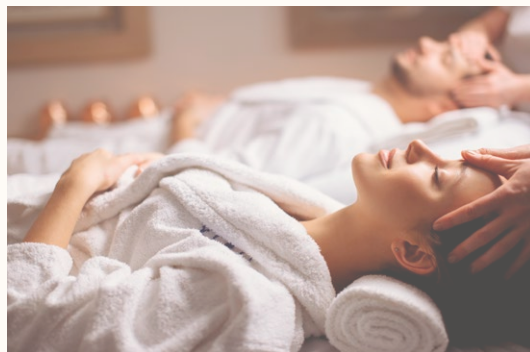
Spend time together and enjoy the truly unique experience of sharing time with your other half, as you both receive a pampering ritual perfect for couples.

Take pleasure in a uniquely captivating experience of chocolate flavors, which combines the invigorating notes of mocha in a fine sugar crystal body scrub and an intoxicating, signature body mask with liquid chocolate extracts.

Then, lay back and unwind while the heated solid waxes of the candle massage slowly turn into liquid oil, as the mesmerizing flame gently burns the candle.

Feel the delicately scented warm drops touch your skin and envelop your whole body in a velvet-textured massage that will satisfy even the most demanding massage recipient.

| DURATION: 1H 15M | 120€ |





retail products

take the spa experience home with you

SUNCARE

- ♦Mediterranean Blue
Sunscreen Spf 50 | 48€
- ♦Mediterranean Blue
Sunscreen Spf 30 | 45€

COCONUT LINE

- ♦Coconut Body Butter | 39€
- ♦Coconut Body Scrub | 42€

ONE MILLION NIGHTS LINE

- ♦One Million Nights Body Butter | 39€
- ♦One Million Nights Body Scrub | 42€
- ♦One Million Nights Body Mist | 32€

MOCHA & CHOCOLATE

- ♦Mocha Brown Sugar Body Scrub | 42€
- ♦Chocolate Body Butter | 39€

JASMINE & GARDENIA

- ♦Jasmine & Gardenia Body Butter | 39€
- ♦Jasmine & Gardenia Body Scrub | 42€

SIGNATURE FACE & MASKS

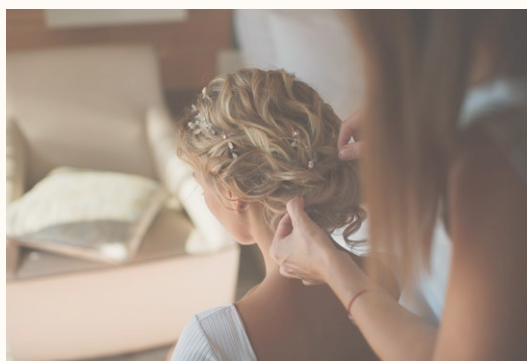
- ♦Skin Rebirth Miracle Gel | 60€
- ♦Spa Islands-Rhodes
Mediterranean Rose | 48€
- ♦Spa Islands-Cretan Honey Mask | 48€
- ♦Spa Islands-Kea Ice Tea Mask
+ Eye Patches | 48€

DELOS SHIMMERING PEARLS

- ♦Body Wash | 29€
- ♦Body Lotion | 29€

ADVANCED SKINCARE

- ♦Hydro Elasticity Shield Moisturizer | 60€
- ♦Nema Eye Contour Cream | 129€
- ♦Angel Face Cleansing Milk | 35€
- ♦Vit-C Youth Potion Serum | 122€
- ♦Overnight Renewal Retinol Serum | 122€
- ♦Nema Crème De La Crème | 165€





nails beauty corner

polished to perfection, every detail matters

MANICURE—PEDICURE (Weekly)

- ♦ Nail Application | 15€
- ♦ Manicure | 30€
- ♦ Pedicure | 40€

LONG-LASTING MANICURE—PEDICURE

- ♦ Nail Application | 15€
- ♦ Manicure | 45€
- ♦ Pedicure | 55€
- ♦ Nail Polish Removal | 15€

hair salon

style that speaks elegance, every strand at a time

LADIES

- ♦ Wash – 15 €
- ♦ Women's Haircut | 45€
- ♦ Hair Styling | 55—95€ *
- ♦ Color | 60—80€ *
- ♦ Keratin Treatment | 90—130€

MEN & CHILDREN

- ♦ Men's Haircut | 45€
- ♦ Children's Haircut | 35€

**The final price of highlights, perm and bridal hairstyle is after consultation with the hairdresser.*



spa etiquette

tranquility begins with mutual respect

FACILITIES

In an inspiring environment, guests are welcome to enjoy a transcendental journey of the senses and feel the rejuvenating energy of the water and elements of nature. The heated swimming pool on-site comes with power jets and offers a stimulating experience. Guests are also welcome to enjoy the therapeutic power of steam at the Hammam and dip in the Jacuzzi for a unique experience. Of course, a small yet fully equipped gym will help you stay in shape throughout your vacation.

SPA ARRIVAL

We ask that you arrive 15 minutes before your appointment time to allow yourself time to relax and to complete a health questionnaire, which will help us personalize your spa visit. This ensures we provide the best possible experience to all our spa guests. If you are running late, your treatment time will be shortened to ensure the next guest is not delayed.

CANCELLATION POLICY

Any treatment cancelled without a minimum of 4-hour notice will incur a charge equal to 50% of the value of the treatment(s).

ADVANCED BOOKINGS

To schedule an appointment for the perfect treatment, please speak with our specialist Spa Reception team, who will guide you to the right choice. To ensure your preferred time and treatment is available, we advise booking in advance. Our therapists are highly trained to be sensitive to your comfort and modesty at all times.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies, or injuries that could affect your experience when making your spa reservation. Heat and water facilities are not recommended for pregnant women.

SPA ETIQUETTE

Our Spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. Considering this, the Spa is a smoke-free and mobile phone-free zone (please enable silent mode on your device).

LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage of personal articles. Please keep all your valuables locked in your locker during your visit.